



Erasmus + KA2 “2017-1-PL01-KA219-038411

Title: “Y.E.A.H. – Young Europeans Active and Healthy”

Short TTLA C2 Meeting in Alicante, Spain,

06 – 12.05.2018

(project working days 07-11.05.2018)



OFFICIAL REPORT

Summary of the activities during the meeting

Monday, May 7th

Welcoming Day

**school visit – acquainting with school facilities / meeting with the school management



**project activities: HALL of FAME presentation

HALL of FAME is a multimedia encyclopedia with basic biodata and honours of sports people from each country





****Project activities: GAMES WE PLAY(ED) - *summary booklet available***



****'Old Games' - Pupils work in 6 international teams. One instructor (student from one country) teaches the team members how to practice a game which was practised in their country in the past. The pupils play the games together.**

Activity's added value: integration of culturally diverse pupils

**City visit: cultural heritage of the hosting country



Tuesday, May 8th

****‘Fair Play Code’** – Pupils are divided into 3 international groups. Each group consists of 4 students from different countries. Each team writes down the rules that must be obeyed by:

- a) sportspeople and fans,
- b) pupils and teachers at school,
- c) people when abroad.

Then, pupils do presentation on ideas they have come up with. They share their work and discussion follows. Students follow the Ancient Olympics. They swear solemnly, as the ancient athletes did, not to break the rules they have written down.

The activity’s added value: creating tolerant, fair and respectful European citizens/cultivating long-lasting European traditions.



****Training session for students: FIRST AID**

- Spanish teachers will instruct students how to behave in emergency. They will teach them how to help casualties and use the First Aid Kit.

Activities’ added value: to expand Ss knowledge about human body, to create young Europeans who are able and ready to help in life-threatening situations

****Training sessions for teachers**

- Romania: the benefits of experiential approach in teaching. Presentation and discussion. Teachers will learn about new teaching methods, they will share their experience and exchange good practices.

Activities' added value: European teaching/learning standards at Spanish schools / sharing effective methods of teaching PE/Biology with the intention of implementing some ideas into domestic schools

****Canelobre - cultural heritage of the hosting country**



****Turrón Factory in Xixona – nutritional value of local food in practice**



Wednesday, May 9th

****Coordinators' meeting – review of the tasks, deadlines and future objectives**

****Training session for students**

- Polish teachers will conduct workshops about '25 peculiar facts about human body'. Students will learn about unconditioned responses, optical illusions and sense perceptions. Students will find out how, why and what for human mind deceives us.

Activities' added value: to expand Ss knowledge about human body, to create young Europeans who are able and ready to help in life-threatening situations

****Students attending classes (PE / Biology)**



****Visit to Hipica Costa Blanca – horse riding activities / the advantages of equestrian / the importance of hippotherapy**



****Training session for teachers**

- Lithuania – how to stimulate students to do outdoor activities. Teachers will learn more about effective ways to encourage students to lead active lifestyle.

Activities' added value: European teaching/learning standards at Spanish schools / sharing effective methods of teaching PE/Biology with the intention of implementing some ideas into domestic schools

****Games We Played competition – students and teachers in mixed international teams practice the sports from all partner schools presented on Monday**

Thursday, May 10th

****Visit to Benidorm and Altea – cultural heritage of the host country / sport facilities / places to spend free time actively / location-based game for students**



Friday, May 11th

**Attending CLIL class

Training sessions for teachers:

- Spain: school facilities and CLIL in the classroom – the presentation of biology class in English. Teachers will observe an example of CLIL classes in practice

Activities' added value: European teaching/learning standards at Spanish schools / sharing effective methods of teaching PE/Biology with the intention of implementing some ideas into domestic schools

**TTLA's summary



**Sport activities in Club Nautico Albufereta

